

Recipe



Spring Spinach, Bacon & Cheese Salad

Serves 10

Ingredients

- 450g Spinach, raw
- 100g Rashers back bacon, grilled
- 100g Mushrooms, fried in corn oil
- 5 each Boiled eggs
- 90ml Olive oil
- 30ml Vinegar
- 5g Dried mixed herbs
- 5g Salt
- 5g Black pepper
- 200g Bladen Lighter Mature

Method

1. Cook the mushrooms with the bacon pieces.
2. Quarter the boiled eggs.
3. Mix the oil with the vinegar, herbs and season well.
4. Mix all the other ingredients together, and serve with the dressing on the side.

**NO COMPROMISE:
100% TASTE**

**30%
LESS FAT**
STANDARD CHEDDAR

